

## UNIFORM AND APPEARANCE

The items below marked \* MUST be purchased from Monkhouse and all items labelled as Monkhouse must be purchased from the Monkhouse website.

Please see the Monkhouse website for current prices [www.monkhouse.com](http://www.monkhouse.com)

Girls - Winter	Girls - Summer	Boys - Summer/Winter
<ul style="list-style-type: none"> <li>- Navy blue blazer with *badge</li> <li>- *Monkhouse navy blue box-pleated skirt</li> <li>- Navy-blue opaque tights. (Yr 7 girls start wearing white ankle socks and change to tights when the rest of the school change into winter uniform last week in September.)</li> <li>- Black shoes. Sensible, flat-heeled. (Not canvas, suede, open toed or sling back. No extremely thick soles. No logos)</li> <li>- White blouse</li> <li>- *School tie</li> <li>- Smart, plain, <b>navy blue</b> outdoor coat, no shorter than blazer length (no logos or bright contrasting linings)</li> <li>- Navy v-necked pullover (optional) not tucked into skirts.</li> <li>- *School scarf (optional)</li> <li>- Plain blue/black headband/scrunchie (optional)</li> </ul>	<p><b>Years 7, 8, 9 and 10</b></p> <ul style="list-style-type: none"> <li>- *Summer Dress (may be worn with navy tights)</li> <li>- Blazer with *badge</li> <li>- White ankle socks. No trainer socks</li> <li>- Navy v-necked pullover (optional) not tucked into skirts.</li> </ul> <p><b>Year 11</b></p> <ul style="list-style-type: none"> <li>- Navy blue blazer with *badge</li> <li>- *Monkhouse Navy blue box-pleated skirt</li> <li>- Black shoes. Sensible, flat-heeled. (Not canvas, suede, open toed or sling back. No extremely thick soles. No logos)</li> <li>- Plain flesh-coloured tights or white ankle socks. No trainer socks</li> </ul>	<ul style="list-style-type: none"> <li>- Navy blue blazer with *badge</li> <li>- Classic cut, dark grey school trousers</li> <li>- Grey or black socks</li> <li>- Black shoes (Not canvas or suede. No extremely thick soles. No logos)</li> <li>- White shirt</li> <li>- *School tie</li> <li>- Navy v-necked pullover (optional)</li> <li>- School scarf (optional)</li> <li>- Smart, plain, <b>navy blue</b> outdoor coat, no shorter than blazer length (no logos or bright contrasting lining)</li> </ul>

Pupils attend school in PE kit, navy joggers, not shorts, blazer and trainers (no Converse, Vans, high tops etc.), on the day of their PE lesson

Both boys and girls will need a Technology apron – Please purchase from Monkhouse  
A predominantly navy blue or black bag, without logos/patterns must be provided.

### OTHER ITEMS PUPILS WILL NEED TO PURCHASE FROM SCHOOL RECEPTION

All pupils need a hymn book with a cover

Pupils who travel on buses will need a bus pass cover

House badges will need to be purchased via Parent Pay at the start of term and will be handed out on the first day of school.

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### SPORTSWEAR

Girls - Outdoor kit	Boys - Outdoor kit
<ul style="list-style-type: none"> <li>- *Monkhouse polo shirt with school logo.</li> <li>- *Monkhouse navy blue shorts with school logo.</li> <li>- *Monkhouse ¼ zip training top with school logo (to be worn at teacher’s discretion).</li> <li>- *Monkhouse navy blue tailored tracksuit bottoms (optional and to be worn at teacher’s discretion).</li> <li>- *Monkhouse navy blue leggings (optional and worn at teacher’s discretion as an undergarment in winter months).</li> <li>- Navy blue football socks for hockey/football etc.</li> <li>- White ankle socks for netball/athletics etc.</li> <li>- Suitable outdoor trainers for the courts and all weather pitch (not moulded).</li> <li>- Football boots (team only).</li> <li>- Shin pads and gum shield for hockey/football.</li> <li>- Towel.</li> </ul>	<ul style="list-style-type: none"> <li>- *Monkhouse polo shirt with school logo.</li> <li>- *Monkhouse navy blue shorts with school logo.</li> <li>- *Monkhouse ¼ zip training top with school logo (to be worn at teacher’s discretion).</li> <li>- *Monkhouse navy blue tailored tracksuit bottoms (optional and to be worn at teacher’s discretion).</li> <li>- *Monkhouse navy blue leggings (optional and worn at teacher’s discretion as an undergarment in winter months).</li> <li>- *Monkhouse navy blue outdoor games jersey.</li> <li>- *Monkhouse navy blue undergarment top (optional and worn at teacher’s discretion in winter months)</li> <li>- Navy blue football socks for rugby/football etc.</li> <li>- White ankle socks for athletics etc.</li> <li>- Football boots for the field.</li> <li>- Suitable outdoor trainers for the courts and all weather pitch (not moulded)</li> <li>- Shin pads and gum shield for football/hockey/rugby.</li> <li>- Towel.</li> </ul>
Girls - Indoor kit	Boys - Indoor kit
<ul style="list-style-type: none"> <li>- *Monkhouse polo shirt with school logo.</li> <li>- *Monkhouse navy blue shorts with school logo.</li> <li>- *Monkhouse ¼ zip training top with school logo (to be worn at teacher’s discretion).</li> <li>- White ankle socks (not football socks)</li> <li>- Clean, white soled and non-marking trainers for the sports hall.</li> <li>- Towel.</li> </ul>	<ul style="list-style-type: none"> <li>- *Monkhouse polo shirt with school logo.</li> <li>- *Monkhouse navy blue shorts with school logo.</li> <li>- *Monkhouse ¼ zip training top with school logo (to be worn at teacher’s discretion).</li> <li>- White ankle socks (not football socks)</li> <li>- Clean, white soled and non-marking trainers for the sports hall.</li> <li>- Towel.</li> </ul>

Please note moulded studs/blades are not suitable for the school all-weather pitch.

Trainers worn to school or at break time on the courts/field will not be allowed for lessons

Note – no logos, other than the school badge, are to be worn on PE kit items.

#### Mouthguard information

There is a risk of oral injuries associated with participation in contact sports and the potential severity of such injuries. It is widely recognised that the use of mouthguards (gum shields) during such sports, be it in PE or school matches, effectively reduces the severity of such injuries. Because of this the school is making the wearing of such mouthguards compulsory for all Rugby and Hockey lessons, practices and school matches.

A mouthguard should therefore be provided by parents/carers as an essential part of a pupil’s PE kit. Teachers will check before the start of appropriate lessons that pupils have their mouth guards. Any pupils not having their mouthguards will not be permitted to take part in lessons and will be given a kit mark which will ultimately lead to a detention.

Teachers are not qualified to assess the quality of mouthguards and will only ensure that they are being worn, however the following information may help you to make a decision on which mouthguard to choose:

- The British Dental Association states that anyone engaged in contact sports should wear a well-made mouthguard to reduce the risk of injury to teeth, bone and lips and also reduce the risk of concussion. They would therefore recommend that you should get a custom made mouthguard designed by a dentist. The costs of these can vary significantly and you should ask your dentist for more information.
- Alternatively you can purchase ‘fit it yourself’ type mouthguards from most sports shops and whilst these may not give the same level of protection as those fitted by dentists they are considerably cheaper and will offer some degree of protection.